

# Grief Support Groups

July–September 2023

**Suncoast Hospice invites you** to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

***For the safety of our participants, staff and volunteers: Masks may be required and group size may be limited based on the size of the room to provide physical distancing.***

**To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.**

We are here to support you through your journey of healing.



## Additional Resources Available

The grief experience is personal and everyone needs different support and/or information at different times. Suncoast Hospice's bereavement professionals have created additional resources to help. Visit [SuncoastHospice.org/Grief](http://SuncoastHospice.org/Grief) to find an extra layer of support.



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## July–September 2023

**Registration Required**  
**Call (727) 523-3455 to Register**

**Please notify us if there are special accommodations or assistance you will need.**

**To respect the group process, new members are not admitted after the second session. Individual counseling is available.**

### **NORTH COUNTY GROUPS**

#### **Adult Loss of Parent**

**July 11–August 15**

**Tuesdays, 6:00 pm–8:00 pm**

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Joe Bixler, LCSW

#### **Spouse Loss Retirement Years**

**July 11–August 15**

**Tuesdays, 2:00 pm–4:00 pm**

Community Service Center  
Gathering Place, Room 4  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Christopher Durina, PsyD

#### **Spouse Loss Working Years**

**August 16–September 20**

**Wednesdays, 6:00 pm–8:00 pm**

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Cassandra Szarejko, LMHC

#### **Spouse Loss Retirement Years**

**September 5–October 10**

**Tuesdays, 9:00 am–11:00 am**

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Sherri “Shay” McCann, LCSW

### **General Grief and Loss**

**September 6–October 11**

**Wednesdays, 10:00 am–Noon**

Community Service Center  
Gathering Place, Room 1  
2675 Tampa Rd., Palm Harbor, 34684  
Facilitator: Karen M. Olsen, LCSW

### **MID-COUNTY GROUPS**

#### **Spouse Loss Retirement Years**

**July 12–August 16**

**Wednesdays, 1:00 pm–3:00 pm**

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Helen Stellrecht, LCSW

#### **Loss of Adult Child**

**July 12–August 16**

**Wednesdays, 9:00 am–11:00 am**

Community Service Center  
Gathering Place, West  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Dwight Douglass, LCSW

#### **Adult Loss of Parent**

**July 24–August 28**

**Mondays, 6:00 pm–8:00 pm**

Community Service Center  
Gathering Place, West  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Michelle Parasole, LCSW

### **Spouse Loss Working Years**

**August 2–September 6**

**Wednesdays, 5:30 pm–7:30 pm**

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Giovanni Bordignon, LMHC

### **Spouse Loss Retirement Years**

**August 23–September 27**

**Wednesdays, 10:00 am–Noon**

Community Service Center  
Gathering Place, West  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Jeannie Warren, LMHC

### **General Grief and Loss**

**September 6–October 11**

**Wednesdays, Noon–2:00 pm**

Community Service Center  
Garden House  
5771 Roosevelt Blvd., Clearwater, 33760  
Facilitator: Susan Wilkie, LMHC

### **SOUTH COUNTY GROUPS**

#### **Spouse Loss Retirement Years**

**July 5–August 9**

**Wednesdays, 10:00 am–Noon**

Community Service Center  
Gathering Place, 112B  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Ron Gabriau, LCSW

### **Adult Loss of Parent**

**July 19–August 23**

**Wednesdays, 6:00 pm–8:00 pm**

Community Service Center  
Gathering Place, 112D  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Paul Lomangino, LCSW

### **Spouse Loss Working Years**

**August 9–September 13**

**Wednesdays, 6:00 pm–8:00 pm**

Community Service Center  
Room 126  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Chloe Brunner, MSW, RCSWI

### **General Grief and Loss**

**August 24–September 28**

**Thursdays, 2:00 pm–4:00 pm**

Community Service Center  
Gathering Place, 112D  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Paul Lomangino, LCSW

### **Spouse Loss Retirement Years**

**September 6–October 11**

**Wednesdays, 2:00 pm–4:00 pm**

Community Service Center  
Gathering Place, 112D  
3050 1st Ave. S., St. Petersburg, 33712  
Facilitator: Christiana Amolese, MS