5771 Roosevelt Boulevard Clearwater, Florida 33760 (727) 467-7423 • EmpathHealth.org



# July-September 2023 Support Groups Grief





Suncoast Hospice invites you to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

For the safety of our participants, staff and volunteers: Masks may be required and group size may be limited based on the size of the room to provide physical distancing.

To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.

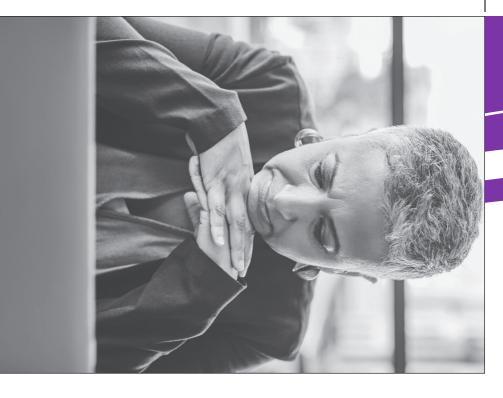
We are here to support you through your journey of healing.





an extra layer of support SuncoastHospice.org/Grief to find additional resources to help. Visit professionals have created Suncoast Hospice's bereavement and/or information at different times. everyone needs different support The grief experience is personal and

# Additional Resources Available





# **Grief Support Groups**

# **Grief Support Groups** July-September 2023

To respect the group process, new members are not admitted after the second session. Individual counseling is available.

#### NORTH COUNTY GROUPS **Adult Loss of Parent**

July 11–August 15 Tuesdays, 6:00 pm-8:00 pm Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Joe Bixler, LCSW

# **Spouse Loss Retirement Years**

July 11–August 15 Tuesdays, 2:00 pm-4:00 pm Community Service Center Gathering Place, Room 4 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Christopher Durina, PsyD

# **Spouse Loss Working Years**

August 16–September 20 Wednesdays, 6:00 pm-8:00 pm Community Service Center

Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Cassandra Szarejko, LMHC

# **Spouse Loss Retirement Years**

# September 5-October 10 Tuesdays, 9:00 am-11:00 am

Community Service Center Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Sherri "Shay" McCann, LCSW

#### **General Grief and Loss**

September 6-October 11 Wednesdays, 10:00 am-Noon **Community Service Center** Gathering Place, Room 1 2675 Tampa Rd., Palm Harbor, 34684 Facilitator: Karen M. Olsen, LCSW

# **MID-COUNTY GROUPS Spouse Loss Retirement Years**

# July 12-August 16

Wednesdays, 1:00 pm-3:00 pm Community Service Center Garden House

5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Helen Stellrecht, LCSW

# **Loss of Adult Child**

July 12-August 16 Wednesdays, 9:00 am-11:00 am Community Service Center

Gathering Place, West 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Dwight Douglass, LCSW

# **Adult Loss of Parent**

# July 24–August 28 Mondays, 6:00 pm-8:00 pm

Community Service Center Gathering Place, West 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Michelle Parasole, LCSW

#### **Spouse Loss Working Years**

August 2-September 6 Wednesdays, 5:30 pm-7:30 pm Community Service Center Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Giovanni Bordignon, LMHC

# **Spouse Loss Retirement Years**

# August 23–September 27

Wednesdays, 10:00 am-Noon Community Service Center Gathering Place, West 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Jeannie Warren, LMHC

# **General Grief and Loss**

# September 6-October 11 Wednesdays, Noon-2:00 pm

**Community Service Center** Garden House 5771 Roosevelt Blvd., Clearwater, 33760 Facilitator: Susan Wilkie, LMHC

# SOUTH COUNTY GROUPS **Spouse Loss Retirement Years**

# July 5-August 9

Wednesdays, 10:00 am-Noon

Community Service Center Gathering Place, 112B 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Ron Gabriau, LCSW



# **Registration Required** Call (727) 523-3455 to Register

# Please notify us if there are special accommodations or assistance you will need.

# **Adult Loss of Parent**

July 19–August 23 Wednesdays, 6:00 pm-8:00 pm Community Service Center Gathering Place, 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Paul Lomangino, LCSW

# **Spouse Loss Working Years**

# August 9–September 13 Wednesdays, 6:00 pm-8:00 pm

Community Service Center Room 126 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Chloe Brunner, MSW, RCSWI

# **General Grief and Loss**

#### August 24–September 28 Thursdays, 2:00 pm-4:00 pm

**Community Service Center** Gathering Place, 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Paul Lomangino, LCSW

# **Spouse Loss Retirement Years**

#### September 6-October 11 Wednesdays, 2:00 pm-4:00 pm

Community Service Center Gathering Place, 112D 3050 1st Ave. S., St. Petersburg, 33712 Facilitator: Christiana Amolese, MS